

Welcome to the UNESCO Biosphere Entlebuch



WELCOME TO THE UNESCO BIOSPHERE ENTLEBUCH

No other region in Switzerland possesses as many natural treasures as Lucerne's "Wild West", located between Lucerne, Berne, and Interlaken. Some of Switzerland's most extensive and numerous moorlands are found here, as are flora and fauna of (inter)national importance. It is no wonder that Entlebuch was designated by UNESCO in 2001 as a biosphere reserve. Within the worldwide network of biospheres, Entlebuch represents pre-Alpine moorland and karst landscape.

Under UNESCO's criteria, such reserves must not only conserve biodiversity; they must also need to meet the needs of the expanding human population. They consist of three segments: a core, a buffer, and a transition zone. The aim of the transition zones is to develop sustainable agriculture, forestry and tourism.

A mystical world unfolds over an area of 400 square kilometers, with its promise of peace, inspiration and relaxation. Unspoiled moorlands, idyllic Alpine pastures and the majestically towering Schratzenfluh mountain which will ensure many moments of joy!

We look forward to seeing you!



Schratzenfluh – the striking karst mountain range in Sörenberg

ECHT ENTLEBUCH

The countryside of the biosphere is as diverse as its regional products. If you discover the label ECHT ENTLEBUCH on a product, there really is a genuine part of Entlebuch inside. As required by regulation, at least three quarters of the raw material in the products must originate from the region, and net value must as well be generated in a percentage of two thirds. ECHT ENTLEBUCH products are not only of high quality, but there is also added value: they are made with traditional knowledge and regional interest and ties to the local area and community.

ECHT ENTLEBUCH products can be found in various shops throughout the entire region. You will find over 450 products from various branches, including dairy, meat, wood, pasta, herbs and bakery products (just to name a few).





Wide selection of regional products.


GASTROPARTNER OF THE UNESCO BIOSPHERE ENTLEBUCH

Solidarity is rated highly in the Entlebucher hospitality industry with a culinary symphony of innovative and creative delicacies allowing guests to experience authentic Entlebuch hospitality.

The Gastropartners of the UNESCO Biosphere utilize a maximum amount of ECHT ENTLEBUCH products. This means that at least 75 % of the meat and milk products originate from the region. Menus are designated with the ECHT ENTLEBUCH symbol to show their authenticity, and suppliers are mentioned as well on the menus.

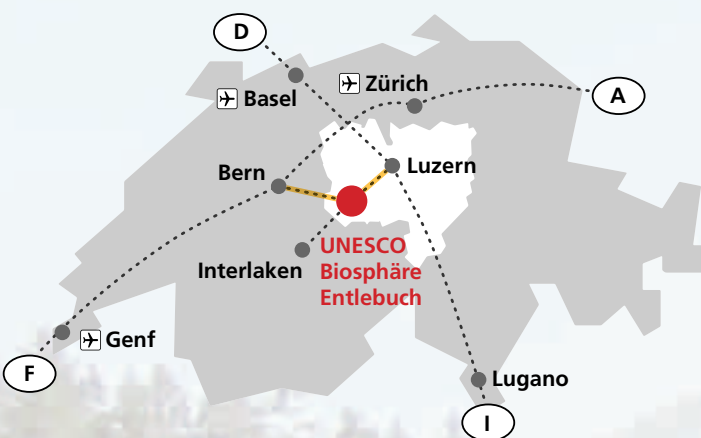
CULINAIRE PARTNERS

Berggasthaus Salwideli – Sörenberg – salwideli@bluewin.ch 
 Ferien- und Wellnesshotel – Sörenberg – info@hotel-rischli.ch 
 Gasthaus Engel – Hasle – info@engel-hasle.ch
 Hotel Sporting – Marbach – info@hotelsporting.ch 
 Hotel Kreuz – Schüpfheim – info@kreuzschuepfheim.ch 
 Hotel Drei Könige – Entlebuch – landgasthof@bluewin.ch 
 Speise-Restaurant Bahnhoffli – Entlebuch – willy.felder@bahnhoffli-entlebuch.ch

 The following Gastropartners offer rooms for you to stay the night.



The gastro partners in a regional herb garden.



Railwayline BLS
35 km from Lucerne
50 km from Bern

Please contact us if you like to have more information. Whether traveling as an individual or group. We're here to help you.

UNESCO BIOSPHERE ENTLEBUCH

Biosphere Centre
Chlosterbüel 28
6170 Schüpfheim
Switzerland
Phone +41 (0)41 485 88 50
zentrum@biosphaere.ch
www.biosphaere.ch

2016



Ski area Sörenberg

WINTERTIME

The UNESCO Biosphere Entlebuch – the Wintersport Eldorado in the canton of Lucerne. There are more than 20 ski lifts and over 100 kilometres of ski runs to explore and experience endless winter sport enjoyment for young and old. The two largest ski regions are:

SÖRENBERG

53 km of runs, 17 lifts, cross country trails, toboggan runs, winter hiking trails, snowshoe trails and more.
info@soerenberg.ch

MARBACHEGG

8 km of runs, 3 lifts, cross country trails, snowshoe trails and more.
tourismus@marbach-lu.ch



Ski area Marbachegg



Moor landscape Salwideli, Sörenberg



Breakfast with regional products, the perfect start to your day.











Nature lies at your doorstep.

B&B PARTNERS OF THE UNESCO BIOSPHERE ENTLEBUCH

Enjoy the possibility of experiencing some real Entlebuch hospitality in the heart of the UNESCO Biosphere Entlebuch. The partner establishments of the Biosphere Bed & Breakfast rent out their individually styled rooms with "heart and soul," bringing their guests one step closer to the joy and culture of Entlebuch. Very important as well is the individual care and information about the various activities, transportation methods, and excursion destinations within the Biosphere.

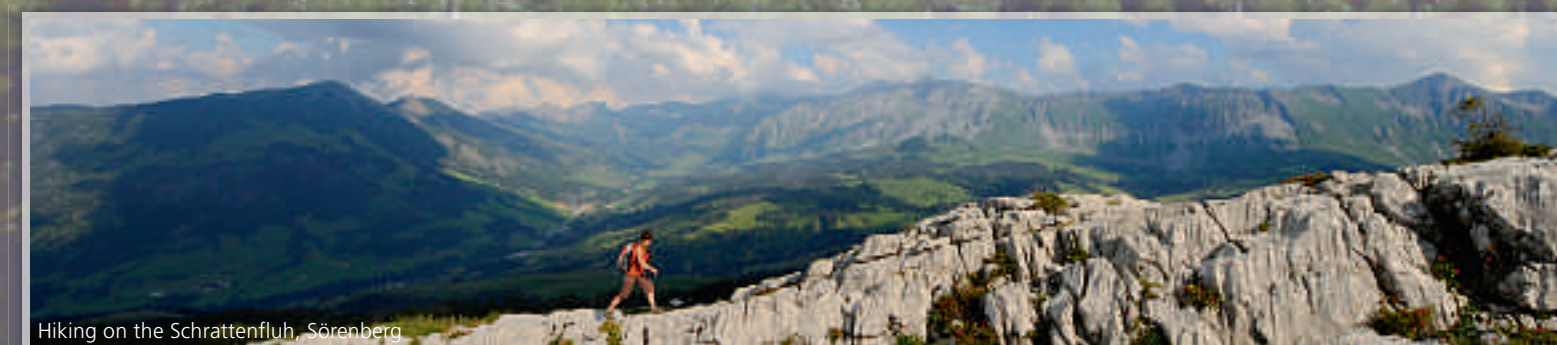
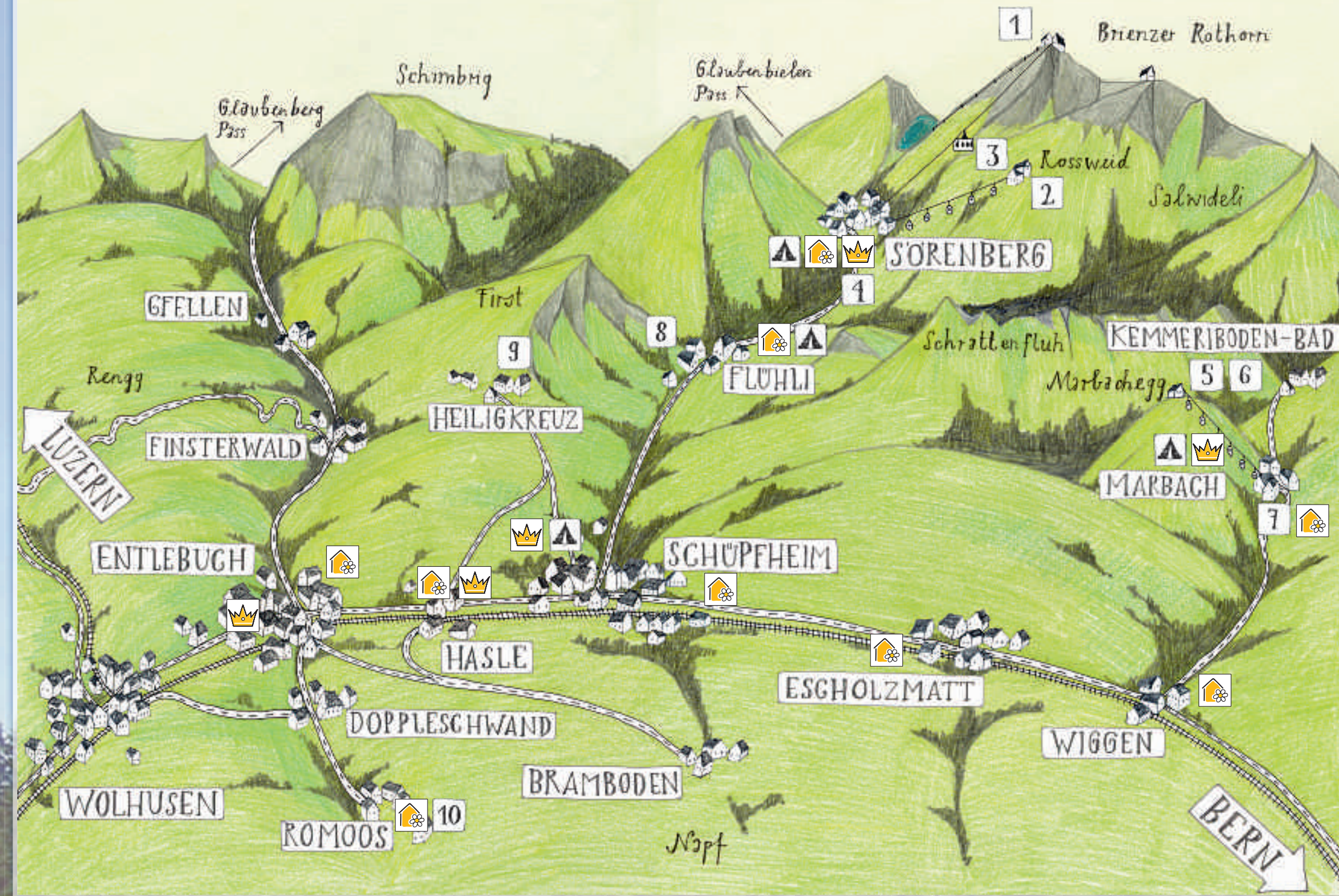
B&B PARTNERS

Heidi + Peter Hofstetter – Entlebuch – info@schaftbuur.ch 
 Ruth Schuurman – Entlebuch – info@altfeld.ch
 Regina + Franz Koch-Wicki – Romoos – kowiro@sunrise.ch 
 Marie-Louise Portmann – Hasle – mar.portmann@sunrise.ch
 Marlis + Franz Studer-Brun – Schüpfheim – studer.chnubel@hotmail.com 
 Lisbeth Schmid-Theiler – Flühli – mail@heidigbuehl.ch 
 Susanne + Urs Rychener – Sörenberg – info@bauernhof-salwideli.ch 
 Annemarie + Franz Jenni – Escholzmatt – jenni-balm@sunrise.ch 
 Andrea + Marco Riedweg-Zemp – Escholzmatt – marco.riedweg@bluewin.ch
 Monika + Josef Wicki-Emmenegger – Wiggen – monika.wicki@tiscalinet.ch 
 Ellen Terpstra – Marbach - A. Terpstra@kpnplanet.nl

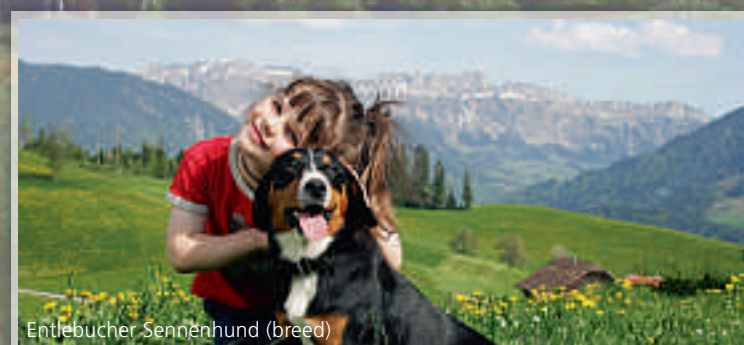
 At the following Bed & Breakfasts, you have the possibility of sleeping overnight at a farm.



Regardless if you are searching for relaxation, sport, culinary pleasure or adventure, the UNESCO Biosphere Entlebuch offers an ideal vacation destination for everyone. Unique nature and cultural experiences, secret, hidden moors, superb outlook points are among the services that await you. Countless hiking and biking trails guide you through the UNESCO Biosphere Entlebuch and invite you to endeavour in long or short tours.



Hiking on the Schratzenfluh, Sörenberg



Entlebucher-Sennenhund (breed)

SÖRENBERG

1 BRIENZER ROTHORN

Top Class widespread views with delightful panoramas observed from this mountain of mountains. Stand back and revel the scene of the famous Eiger, Mönch, and Jungfrau trio – not forgetting 690 additional summits to be seen. Add the shimmering waters of Lake Brienz and you have a dream come true! Take some sun and fresh air up here at the 2350 meter altitude, the highest point in canton Lucerne – and enjoy a delicious bite to eat at the Restaurant Rothorn, where an eager team treats you with good home cooking and regional delicacies. Enjoy a day tour from Lucerne to the Brienz Rothorn then to Interlaken and back again to Lucerne, the world-famous city of lights. You can climb one side of the mountain with the cable car from Sörenberg. The other side can be reached from Brienz with the unique Brienz-Rothorn-Railway. bahnen@soerenberg.ch

2 MOORACULUM

The area around Rossweid is full of natural wonders that can be discovered, smelled, felt and tasted. The Mooraculum is bordered directly on the large sunny patios of the adventure restaurant Rossweid. It consists of various adventure stations, built around the mystical Moorland area. Families will find all that their hearts desire, including ponds with water games, quiet zones, games of skill and balance, picnic areas, and much more. All texts on the information signs are printed in both German and English.

3 BIKEBOARD

From the Rossweid (1470 m above sea level) you can speed down the mountain to Sörenberg (1166 m above sea level). This is done on a paved trail with a funbike: the Bikeboard. Wow! The route is four kilometers long and is suitable for children aged nine and older.

4 RODELBAHN (LUGE) RISCHLI

The summer luge, consisting of a total of 12 curves and a length of 900 meters, wriggles downhill through a green mountain meadow. Pleasure and fun with this summer activity for the entire family. A lift pulls you conveniently from start to finish up the hill. bahnen@soerenberg.ch



MARBACH

5 MARBACHEGG

Your sunny patio! The cable car gets you comfortably up the Marbachegg. Between the Schratzenfluh, Schybeggütsch and Hohgant, you enjoy a fantastic panorama over a part of the UNESCO Biosphere Entlebuch and the Alps of Berne. Spend some time in the restaurant Eigerblick and enjoy the beautiful view, while the kids discover the playground. You will also find several easy hiking and bike trails around Marbach and Marbachegg. tourismus@marbach-lu.ch

6 MARBACHEGG-CARTS

Enjoy a ride on the Marbach carts. A special experience for all ages! Fun and speed are guaranteed! Speed down on the wooden tracks and be brought back up by the lift without having to struggle uphill. sportbahnen@marbach-lu.ch

7 BERGKÄSEREI MARBACH

A visit to the Marbach mountain cheese factory is well worth your time. In the visitor's gallery you will get an insight into the interesting world of dairy processing and cheese production. The factory's shop is a small paradise for cheese gourmets. Here you can find numerous regional specialities as well as the local cheeses. www.kaeserei-marbach.ch

FURTHER ADVENTURES

8 KNEIPP FACILITY SCHWANDALPWEIHER FLÜHLI

Kneipp in fresh spring water and wash away your daily worries, or simply savour the quietness of nature. At the Schwandalpweiher, just beyond Flühli you can find one of the most beautiful Kneipp facilities in Switzerland. It's a place where you can leave your cares behind. info@fluehli-wasser.ch

9 VITALITY PLACE-HEILIGKREUZ

Here's a place of silence and security, to refuel your body and soul. You can discover Heiligkreuz in various ways: a walk down the site of pilgrimage, or a hike up the mountain restaurant first, or a visit to one of the themed pathways, for example the Seelensteg "Walkway for the Soul." This leads through a wild and romantic forest. The circular route – made of wooden planks – invites you to a natural adventure of reflection, and time to refuel strength and vitality. Several fantasy worlds invite you to play, climb, wade, and crawl in the various playgrounds along the walking trails. A specially designed children's hiking trail connects the fantasy worlds to each other. hasle-heiligkreuz-tourismus@hasle-lu.ch

10 ZYBERLILAND ROMOOS

The Zyberliland offers further adventure and exploration for children. From the guided goldwashing tours or a visit at a coal maker to an overnight stay in a Tipi – in Zyberliland all is to be found here that one's heart desires. info@zyberliland.ch

